



# O&M for DECEMBER

(Remember to modify as needed to meet your child's individual abilities)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Theme: Community &amp; Addressing</b>						
<b>Week 1</b>	Help get the holiday decorations out and feel the shapes of the different items (Shapes)	Have Mom or Dad help you practice your address by writing a letter to Santa (Addressing).	Take a trip to the post office to mail your letter to Santa (Community)	Does your house have a chimney (or vent pipe) for Santa to deliver Christmas presents? (shapes & residential features)	Make different shaped Christmas cookies and share them with a friend. (Shapes)	
<b>Week 2</b>	Visit Santa in the mall. Where was Santa located in the mall? In the center or by what store? (community)	Use your nose while at the mall and identify different smells (lotions, candies, cinnamon...) (Olfactory localization)	Talk to your parents about what you do if you get lost in the mall or other stores. (Travel safety procedures)	Find your favorite store in the mall. What big store (anchor store) is it located by? (Community)	Find a map of the mall. What shape is the mall. (Mapping & Shapes)	
<b>Week 3</b>	Wrap a present and describe the shape of the present. (Shapes)	What shape is your house? What place has more rooms, your house or the Mall? (shapes & counting)	Does your house have Christmas lights? Are they on the front, back, side? (directional & positional)	What room in your house is your Christmas tree? (Home environment)	Christmas Eve is coming, What landmark could Santa use to find the cookies? (Landmarks)	
<b>Week 4</b>	Practice making "Z" or "S" shapes in the snow with your cane as you walk (cane skills and shapes)	Practice your address. Remember the city and zip code. (Addressing)	Does your house have a flat or pointed roof? (Shapes & Residential features)	Make a snowman in your front yard when it snows. Describe the shapes of the items you put on him. (shapes)	Make a snow angel in your backyard – dress warm. (dressing for inclement weather)	

Please talk to your O&M Specialist about any concerns or questions you may have.  
(the O&M area to be strengthened is in parenthesis for each day)