



O&M for February

(remember to modify as needed to meet your child's individual abilities)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Theme: Exploring Around your Home						
Week 1	Count all the chairs in your house (Counting)	Find the warmest room in your house (Temperature identification)	Help put stamps on an envelope (Positional concepts)	Is your mailbox closer to your house or the street? (mapping)	Mail a letter in a mailbox. (residential components & routes)	
Week 2	Visit and explore a post office. (Community)	Get the mail from the mailbox (residential components & routes)	. Help parents sort the mail. Make stacks of letters, cards, or magazines. (shapes, sizes)	Find the room in your house that is quiet. (sound identification)	Explore and find circle, square, and heart shaped items. (shapes)	
Week 3	Call and wish someone a Happy Valentine's Day (expressive language)	Find out which phones are land lines and which are cell phones. (landmarks, clues)	Count all the stairs in your house. (counting & stairs)	What room in your house is your favorite and why? (room identification)	Who is the President of the United States & where does he live compared to you (mapping)	
Week 4	How many soft things can you find in your living room? (Textures & qualities)	How many things make noise in your kitchen? (sound localization)	Count all the bedrooms in your house. (counting & mapping)	Travel down the halls in your home turning right or left. (left and right awareness)	Name three things you like about your house. (expressive language)	

Please talk to your O&M Specialist about any concerns or questions you may have.
(the O&M area to be strengthened is in parenthesis for each day)