



O&M for November

(Remember to modify as needed to meet your child's individual abilities)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|--------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|----------|
| Theme: Harvest Time | | | | | | |
| Week 1 | How many door knobs do you have in your home? Practice opening 3 of the doors. (home & beg. numbering) | (Count how many days until thanksgiving. Jump/hop that many times (Beg numbering & body imagery) | Find 5 different shapes by sight or touch in your home. (Shapes in the environment) | Count how many pumpkins you have left at your home. Will you make pies out of them? (Beg. numbering & expressive lang.) | Bend backward, forward, and sideways 3 times. (body imagery & positional concepts) | |
| Week 2 | Talk about where Thanksgiving type foods are located in a grocery store. (communication & community) | Explore the parts of a car together. Are you traveling anywhere for Thanksgiving? (vehicle awareness) | Practice listening to sounds and identify 5 different sounds in your home. (sound localization & identification) | Count and name 10 things you are thankful for. (numbering & communication) | Explore a cold oven and stove with your parents. (tactile object exploration) | |
| Week 3 | Count the chairs needed for those attending Thanksgiving dinner. (Beg. numbering) | When you sit at the table are you sitting parallel or perpendicular to the table? (positional & directional) | Help make an item for Thanksgiving. Use measuring cups... Parents use positional directives (positional/ & directional) | Identify 5 thanksgiving dinner items by smell or touch. (tactile & Olfactory sense awareness) | Help pick produce from a garden or orchard – explore the textures and smells (tactile and olfactory) | |
| Week 4 | Point to 10 different body parts and name them. (Body imagery) | Find 3 different leaves and discuss the differences. (size comparisons – little/big, short/long...). | Listen and identify 5 different cars going by your home. Are they big or small? | Find a field and explore the different plants and describe the shape and size (size comparisons – little/big, short/long...). | Find an area with hills or uneven surfaces. Use your cane measure depth changes. (elevation changes) | |

Please talk to your O&M Specialist about any concerns or questions you may have.
(the O&M area to be strengthened is in parenthesis for each day)