



O&M for October

(Remember to modify as needed to meet your child's individual abilities)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Theme: Fall is Coming

Week 1	Listen to traffic on your street and identify cars or trucks (auditory skills)	Jump 5 times and then hop 3 times on each foot (body imagery)	Detect 3 driveways or walkways by your home with your cane (cane skills)	Search for a dropped object or candy with your hands (search skills)	Recognize by touch 5 different shapes (shape concepts)	
Week 2	Explore different types of leaves by touch & smell (olfactory & tactile)	Try to balance an apple on your head or hand and walk 5 steps (posture gait)	Play name that sound. Identify 5 sounds (auditory skills)	Identify 5 items by smell or touch (olfactory & tactile)	Put a bean bag or sticker on 10 different body parts (body imagery)	
Week 3	Looking face to face, discuss Halloween costume ideas (social skills)	Rake up a pile of leaves and explore through touch and smell (olfactory & tactile)	Draw a route of where to go trick or treating (mapping)	Hide a pumpkin for your child and give directions to find it (directives & receptive skills)	Talk about street safety (travel safety)	
Week 4	Explore & describe the insides of a pumpkin (expressive skills)	Help buy Halloween candy, help put it in a bowl. (community skills)	Point to 10 different body parts with your pointer finger (body awareness)	Find the doorbell of three neighbor's homes (residential travel)	Practice walking up and down the porch stairs.(stairs)	

Please talk to your O&M Specialist about any concerns or questions you may have.
(the O&M area to be strengthened is in parenthesis for each day)