



## O&M for September

(Remember to modify as needed to meet your child's individual abilities)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Theme: Exploring your Neighborhood</b>						
<b>Week 1</b>	Do you have sidewalks in your neighborhood? Explore the sidewalk, curb, gutter, and where the street starts. (residential streets)	Do you live on a busy street? Count how many cars pass in 5 minutes. (traffic awareness)	Walk to a corner near your home. Does it have a stop sign or yield sign? Do you see speed limit signs? (residential components)	Is there a house with a barking dog or one that has a unique sound in your neighborhood? (residential components)	Take a walk around your block with a family member. (residential blocks)	
<b>Week 2</b>	Do you have a cul-de-sac in your neighborhood? If so, go explore. If not, maybe find one. (residential blocks)	Practice saying your address. Don't forget the city. (addressing)	Are there any big and or busy streets in your neighborhood? Compare them to your street. (traffic awareness)	Can you find any broken or raised sidewalks in your neighborhood? (residential components)	Does your neighborhood have crosswalks? If not where is the closest? (residential components)	
<b>Week 3</b>	Can you find a fire hydrant in your neighborhood? (residential components)	Learn a route to a neighbor's house. Pick 2-3 landmarks to help you remember. (routes & landmarks)	Ask a neighbor or friend their address and compare it to yours. Is it even or odd? (addressing)	Is your street well lit at night? Count the street lights on your street. (residential components)	List three potential dangers in your neighborhood. (travel safety)	
<b>Week 4</b>	Talk about your neighborhood with your family – what type of buildings are there (1 story, two story homes, shops...) . (residential components)	Where can you find a house number (hint – on the mailbox, house, or curb) (residential components)	Tap your cane by a solid wall or fence – can you hear the echo? (echolocation)	Explore the cars/truck in your driveway (or someone's you know) find the front, back, tires, steering wheel... (car awareness)	Which direction does your home face? (north, south, east or west). (compass directions)	

Please talk to your O&M Specialist about any concerns or questions you may have.  
(the O&M area to be strengthened is in parenthesis for each day)